

parent on purpose

Resources for Parenting Kids on Screens

Blog Posts by Amy Carney

<https://amycarney.com/4-technology-battles-parents-must-fight/>

<https://amycarney.com/8-parent-tech-tips-i-learned-from-a-police-detective/>

<https://amycarney.com/7-things-your-daughter-should-not-post-on-instagram/>

<https://amycarney.com/iparenting-our-cell-phone-contract-for-kids/>

<https://amycarney.com/4-books-to-help-parent-your-tech-addicted-kids/>

- **To help balance screen time and build self control**

BARK <https://www.bark.us/?ref=YJ2ZC9X>

- **About Apple Screentime**

<https://youtu.be/BacXAmS6DLQ>

<https://youtu.be/ZAXcyGw8Q2Y>

- **Sign up for these newsletters to stay up to date!**

<https://www.screenagersmovie.com>

Dr. Lisa Strohman <https://digitalcitizenacademy.org>

Sign up for Axis Friday Culture Translator emails at <https://axis.org>

- **Internet Accountability Service**

<https://www.covenanteyes.com>

- **Encouraging parents to wait until 8th grade to give kids a phone**

<https://www.waituntil8th.org>

- **The Top 10 Best Monitoring Software**

<https://www.toptenreviews.com/software/privacy/best-monitoring-software/>