



ABOUT AMY CARNEY

Amy is a Leadership Parenting Coach, Author, and Speaker who writes about intentional parenting and family life on her blog www.AmyCarney.com as well as for various freelance print and online outlets.

Amy started her company, Parent on Purpose, to create content, products and events to better equip and empower moms and dads during the 18-year journey of full-time parenthood.

Amy and her husband of 21 years, Keith, are parents to 18-year-old triplet sons, a 16-year-old daughter and a 13-year-old son they adopted out of the Arizona foster care system just three years ago.

